



**Monday June 24**  
Victoria University, Footscray Campus  
Register now [achper.vic.edu.au](http://achper.vic.edu.au)

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ACHPER Victoria Partners

## Event Schedule

8:15 – 8:45AM

### REGISTRATION

8:45 – 9:00AM

### WELCOME ADDRESS

ELECTIVE A

9.00–10.15AM

- A01 Teaching Movement and Physical Activity through Dance (Prac)
- A02 FMS – Locomotor Focus: Creative and Active (Prac)
- A03 Game Sense Approach to Striking/Fielding Games (Prac)
- A04 Relationships and Sexuality Education
- A05 Unpacking the Victorian Curriculum: Physical Education F–6
- A06 Using Idoceo to Support your Assessment
- A07 Including Students with Autism in Physical Education

10.15–11.00AM

### FEATURE PRESENTATION 1

**How can teachers optimise the positive effects of physical education? Introduction to the evidence-based SAAFE teaching principles**

*David Lubans, The University of Newcastle*

11:00 – 11:30AM

### MORNING TEA

ELECTIVE B

11.30–12.45PM

- B01 Gymnastics F–2: Safe, Fun and Developmentally Appropriate Activities (Prac)
- B02 FMS - Throwing, Catching and Minor Games (Prac)
- B03 Tactical Small Sided Invasion Games – Developing Critical Thinking and Personal/Social Capabilities (Prac)
- B04 Unpacking the F–6 Health Curriculum and Curriculum Mapping
- B05 Planning for a Quality Primary Physical Education Program
- B06 Outdoor Education in the Primary School
- B07 Teaching Children from Culturally Diverse Backgrounds in Physical Education

12:45 – 1:30PM

### LUNCH

1.30–2.15.00AM

### FEATURE PRESENTATION 2

**Health and Physical Education in the Curriculum**

*Rachael Whittle, VCAA*

ELECTIVE C

2.15–3.30PM

- C01 Fundamental Movement Skills are Important in the Physical Development of a Child (Prac)
- C02 Fundamental Motor Skills: Two–Hand Strike and Ball Bounce (Prac)
- C03 Game Sense Approach to Net/Wall Games (Prac)
- C04 Physical Literacy Intersecting with Physical Education
- C05 Primary PE Assessment – The Why, What and How of Primary PE Assessment!
- C06 Using ICT IN PE to Encourage Student Thinking (Prac)
- C07 Developing a Health and Physical Education Curriculum for Levels A–D

3:30- 4:30PM

### NETWORKING REFRESHMENTS

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## ELECTIVE SESSION A 9.00 – 10.15 AM

<b>A01</b>	<b>Teaching Movement and Physical Activity through Dance (Prac)</b> <i>Vanessa Belsar, Black Hill Primary School</i> In this session we will explore how we can cover rhythm, movement and dance in Primary Physical Education. We will also explore how we can incorporate Fundamental Movement Skills into dance lessons. This is a great session for teachers looking to find a unit to run in classrooms when it is too wet to go outside and a gym is not available.
<b>A02</b>	<b>FMS – Locomotor Focus: Creative and Active (Prac)</b> <i>Lucy Van Ballegooy, Our Lady of The Way Primary School – Kingsbury</i> This interactive session will provide a multitude of practical activities in a fun, active and creative way. Emphasis will be on developing fundamental movement skills, with a focus on the locomotor skills, whilst maximising physical activity levels and equipment use. Lucy will demonstrate an array of techniques to assist with classroom organisation, aiming to establish effective formations and whilst minimising distractions.
<b>A03</b>	<b>Game Sense Approach to Striking/Fielding Games (Prac)</b> <i>Ray Breed, Swinburne University of Technology</i> Get ready to practically explore game sense methodology through a thematic approach. This practical session will guide you through a range of engaging activities designed to develop the skills, concepts and decision-making strategies to be successful in striking and fielding games.
<b>A04</b>	<b>Relationships and Sexuality Education</b> <i>Sue Moreira, Family Planning Victoria, Natalie Kurelja, Balcombe Grammar and Megan Liston, Bairnsdale West Primary School</i> Teaching Relationships and Sexuality Education (RSE) takes confidence, knowledge and skills. Family Planning Victoria (FPV) has over 50 years—experience in supporting teachers to deliver comprehensive, age- and developmentally appropriate programs within schools. This session will see FPV present alongside exemplary teachers and schools from across the state to share and explore methods of best practise to build a comprehensive approach to RSE.
<b>A05</b>	<b>Unpacking the Victorian Curriculum: Physical Education F–6</b> <i>Dr Rachael Whittle, VCAA and Cassie Betadam, Westbourne Grammar</i> This session will unpack the Victorian Curriculum: Health and Physical Education looking specifically at the content descriptions and achievement standards relating to the delivery of the content specifically related to Physical Education, addressing questions about the “what and when” I need to teach the content. Practical examples will be provided that teachers can build on and use in the development of their school’s teaching and learning program.
<b>A06</b>	<b>Using Idoceo to Support your Assessment</b> <i>Arron Gardiner, Armstrong Creek School</i> This hands on session will address two key aspects to improving student assessment and learning. First, defining your learning outcomes in FMS and game based units. Second, using Idoceo to facilitate data collection to use in providing student feedback and generating assessment and reporting information.
<b>A07</b>	<b>Including Students with Autism in Physical Education</b> <i>Chloe Dew and Penny Westlake, Black Hill Primary School</i> This session will provide a range of practical ideas to include students with autism in your physical education classes. This workshop will highlight specific and effective strategies to create an inclusive, educational and supportive environment to maximise student learning for students in your class with autism.

## FEATURE PRESENTATION 1

10.15 – 11.00 AM



### David Lubans, The University of Newcastle

*How can teachers optimise the positive effects of physical education? Introduction to the evidence-based SAAFE teaching principles*

High-quality physical education (PE) programs can provide students with opportunities to be physically active and develop the necessary knowledge, skills, and confidence for a lifetime of physical activity. Many PE programs are not achieving their full potential, often as a result of how lessons are designed and taught. Using the evidence-based Supportive, Active, Autonomous, Fair, and Enjoyable (SAAFE) teaching principles as a framework, this feature presentation will highlight aspects critical to developing quality PE lessons that are highly active and satisfy students’ basic psychological needs.

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## ELECTIVE SESSION B 11.30 AM – 12.45 PM

<b>B01</b>	<b>Gymnastics F–2: Safe, Fun and Developmentally Appropriate Activities (Prac)</b> <i>Caeleigh Osborne, Holy Spirit Primary School</i> This hands–on session will demonstrate how easy it is to teach a safe, developmentally appropriate gymnastics curriculum to lower primary school years. Using minimal equipment, you will experience a variety of fun and exciting balance, locomotor and manipulative activities designed to build the foundation movement capacities of your students.
<b>B02</b>	<b>FMS – Throwing, Catching and Minor Games</b> <i>Sarah Maxwell, Mill Park Heights Primary School</i> This session will focus on throwing and catching, linking these into minor games using age appropriate cues to reinforce key teaching points. Come and have some fun unpacking the skills, working out important teaching points and combining these into teaching cues. Experience and explore a variety of engaging activities you can teach your students to add a bit of spark to your lessons.
<b>B03</b>	<b>Tactical Small Sided Invasion Games – Developing Critical Thinking and Personal/Social Capabilities (Prac)</b> <i>Gareth Long, Sport Australia</i> In this engaging practical workshop teachers will experience how a range of small–sided games (SSGs) can be designed to develop students' tactical knowledge, personal/social capabilities, and their critical/creative thinking skills. This workshop will provide examples of new and motivating ideas that can be used by teachers to add to their existing library of SSGs.
<b>B04</b>	<b>Unpacking the F–6 Health Curriculum and Curriculum Mapping</b> <i>Sapna Sachdeva, Momentum Consulting</i> This hands–on session aims to improve your understanding of how Health, Personal and Social Capability and Respectful Relationships fit together, and how to effectively map the content to ensure you are teaching it across the school. You will be guided through f–6 curriculum planning and assessment processes, as well as being exposed to a range of teaching and learning resources to support you in these areas.
<b>B05</b>	<b>Planning for a Quality Primary Physical Education Program</b> <i>Mark Blundell, Silvertown Primary School and Ric Thompson, Clifton Springs Primary School</i> A quality Primary PE program needs to consider many factors. What are they? How do we prioritise them? How can students be involved in the planning process? This session will follow a process for developing a whole school scope and sequence, year, term and weekly plan structures to ensure you are comfortable and confident in your program. This then frees your headspace to find more teachable/magic moments in the day to support student learning.
<b>B06</b>	<b>Outdoor Education in the Primary School</b> <i>Andrew Hasell and Sarah Cockerell, Lynbrook Primary School</i> Lynbrook Primary School have developed a comprehensive Outdoor Education program for Primary aged students including innovative approaches to bike education, camping programs, water activities and orienteering. This session will cover how Lynbrook Primary School's program has developed over 10 years and will also provide suggestions on how you can begin to implement small elements of Outdoor Education into your own school's programs.
<b>B07</b>	<b>Teaching Children from Culturally Diverse Backgrounds in Physical Education</b> <i>Aaron Hare and Hayden Joyce, Noble Park English Language School</i> Physical Education and Sport provide a great opportunity to facilitate inclusion of students from diverse cultural backgrounds. This applied workshop will demonstrate how you can draw on the activity experiences of students from culturally diverse backgrounds, and use physical education and sport to build connections. This process also provides a natural avenue to build literacy and language skills

## FEATURE PRESENTATION 2

1.30 – 2.15 PM



### **Dr Rachael Whittle, VCAA**

#### *Health and Physical Education in the Curriculum*

This Feature Presentation will reinforce the important role that health and physical education plays in the development of children in primary school. Rachael will highlight the core requirements in planning, assessing and reporting in health and physical education and how VCAA can support you in these aspects of your work.

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## ELECTIVE SESSION C 2.15–3.30 PM

<b>C01</b>	<b>Fundamental Movement Skills are Important In The Physical Development of a Child (Prac)</b> <i>Anula Costa, Athletics Australia</i> When a child is confident and competent with these skills, they can develop sport-specific and complex movement skills. Most importantly, having a firm grasp of the fundamental movement skills and being physically literate is more likely to lead a child to enjoy a long life of physical activity and creates a happier, more resilient and more trusting young person (Sport England Key Findings). This session will focus on the fundamental movement skills of Run, Jump and Throw and explore how to develop these skills in a safe, fun and inclusive environment.
<b>C02</b>	<b>Fundamental Motor Skills: Two-Hand Strike and Ball Bounce (Prac)</b> <i>Michael Ballantyne, Chairo Christian College</i> Developing your children's movement confidence and competence in the early years lays a foundation for future enjoyment and success. This workshop will provide you with clear learning objectives and a range of games and activities to develop the forehand strike and ball bounce skills. Come away with a range of fun and inclusive games which provide maximum participation.
<b>C03</b>	<b>Game Sense Approach to Net/Wall Games (Prac)</b> <i>Rachel Yue, Laburnum Primary School and Ben Clark, Antonio Park Primary School</i> This practical Net Wall session will focus on learning intentions, success criteria, questioning and providing feedback to students using a variety of methods. The activities and games used will emphasise the tactical and decision-making development for net/wall games while maximising enjoyment and participation for primary school children.
<b>C04</b>	<b>Physical Literacy Intersecting with Physical Education</b> <i>Gareth Long, Sport Australia and Bernie Holland, ACHPER Victoria</i> This informative, evidence based seminar will outline the draft Sport Australia Physical Literacy Schools Framework. Developed in collaboration with ACHPER Victoria and leading academics, this framework provides a vehicle for Sport Australia's proposed National Commitment to Increasing Physical Literacy through which physical educators can continue to demonstrate it's vital role in developing a whole of school approach to improving the physical, cognitive, psychological and social attributes of each student. Leave the session armed with a range of practical measures that can be applied in their school context
<b>C05</b>	<b>Primary PE Assessment – The Why, What and How of Primary PE Assessment!</b> <i>Annie Kay, ACHPER Victoria and Kirsten Smith, Mernda Primary School</i> Do you leave assessment to the last minute or simply run out of time authentically assess your students? This session will identify the challenges of assessment and provide an outline (with examples) of the WHY, WHAT and HOW of assessment in primary PE. WHY – The importance of tracking student progress at each level of the Movement and Physical Activity Curriculum. WHAT – How to be clear with what you are assessing when planning your curriculum and units. HOW – A variety of formative and summative assessment ideas to track the learning of your students.
<b>C06</b>	<b>Using ICT in PE to Encourage Student Thinking (Prac)</b> <i>Christina Polatajko, Newbury Primary School</i> It's time to think outside the square when planning and implementing your program. This applied session will highlight how to apply ICT, and "old school" equipment, to engage your students thinking in PE through meaningful content, minor games and activities.
<b>C07</b>	<b>Developing a Health and Physical Education Curriculum for Levels A–D</b> <i>Robyn Percy Goulding, Sunshine Special Developmental School</i> This session will focus on developing an engaging, relevant and sequential health and physical education curriculum for students working within levels A to D. Emphasis will be placed on the importance of breaking down the achievement standards into observable and transparent assessment goals, and how to deliver the content to cater for your students.

**3:30- 4:30PM**

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